

Wellness Care



When you have achieved the goals we have set to resolve your complaints, the Doctors at the Goldsboro Spine Center will offer you the opportunity to continue to improve your health by entering into Wellness Care or Maintenance Care. This next step is designed to help you optimize what has been accomplished up to this point. The barriers to achieving your best health have been removed with regular treatment, but toxins, stress, and physical traumas are still affecting you everyday. The nervous system works best when the joints of the spine are freely moving. The Doctors will tend to the spinal restrictions that occur as you live your life. Wellness Care & Maintenance Care are like a tune-up for your nervous system. It's your decision, so how long you continue to benefit from the healthful effects of chiropractic is up to you!

