

Chiropractic Inching Its Way Into the Lives of People Over 55

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--More and more baby boomers are paying visits to the chiropractor, at least for mild to moderate problems. According to researchers, chiropractic care is serving as both a substitute for -- and a supplement to -- medical care.

Results of a study of more than 800 patients showed that more than half of people over age 55 seek chiropractic care for mild to moderate complaints, without visiting their primary care provider.

Musculoskeletal pain, such as low back pain, accounts for nine out of 10 chiropractic visits. Patients with more severe symptoms, however, seem to use both medical and chiropractic care. The findings were published in the May issue of the *Journal of the Geriatric Society.*

